Hi everyone, I'm Amanda and as a student at Middlesex Community College, my favorite part of my Opticianry education has been working on contact lenses and learning about the anatomy and physiology of the eye. I find it fascinating, and it not only ignited a passion for eye health but helped me prepare for the NFOS Student Bowl at Vision Expo East this year! I was inspired to pursue a career in Opticianry because I needed vision correction at nine years old and my myopia was progressing quickly. Putting on my first pair of glasses after needing them for so long was an awe-inspiring experience and I have never forgotten how powerful that moment was. I wanted to bring that experience to others! To anyone considering attending a program and getting a license, don't hesitate! Attending the Student Bowl showed me how much knowledge a formal education can instill, and in a way that you never forget it! Give yourself the best footing you can and pursue a formal education to make yourself the very best, most knowledgeable optician you can be!